



What's Happening?

ICARE Secures Corporate Coaching Contract with Aerobodies Health for its CCRCs

We've inked a deal with [Aerobodies Health, Wellness, and Process Solutions](#) to market our Certified Corporate Recovery Coaches (CCRCs) within their Health Management division. Aerobodies boasts a client roster that includes major names like Microsoft, Fannie Mae, Washington Post, US Army, and the Federal Aviation Administration.

ICARE is currently in talks with more Health Management and Resource organizations, mirroring Aerobodies' focus, to integrate our Certified Corporate Recovery Coaches (CCRCs) into their client corporations. Stay tuned for updates on this exciting development.

Interested in fulfilling corporate contracts for ICARE? Learn what it takes to [earn your CCRC designation here](#) or register for the January 18 @ 7pm ET [continuing education info session for ALL of our programs](#) to get your questions answered live.

In the News ...

ICARE Executive Director, Cheryl Brown Merriwether, was a recent guest on **The Addicted Mind** podcast talking about Initiating Change in the Corporate World for Recovery Support. Cheryl makes a strong case for the critical role of certified professional recovery coaches on the job, which the podcast host embraces completely. During her conversation with Podcast Host Duane Osterlind, Cheryl reveals the exciting initiatives JUST launched at the federal level to provide a toolkit to support Recovery Ready Workplaces – “In addition to state support, companies now have access to formal toolkit providing a framework to support those seeking recovery in the workplace. There are also tax incentives that will be given to companies who become formally certified as a Recovery Friendly Workplace.”

by Duane Osterling | December 25, 2023

The Addicted Mind Podcast [Initiating Change in the Corporate World for Recovery Support](#)

Going sober for Dry January has been popular for years — but if you're intentionally drinking less (but not nothing) this month, there's another term for that: Damp January.

Read full article here: [How to Make "Damp January" Meaningful for You](#)

Coach Showcase



SOBER
MOM
SQUAD



Celeste Yvonne is the author of [It's Not About the Wine: The Loaded Truth Behind Mommy Wine Culture](#) (Broadleaf 2023) and an IAPRC certified recovery coach. Six years sober and a founding host of the [Sober Mom Squad](#), Celeste advocates for mothers who struggle with addiction and mental health.

"IAPRC training helped me better understand how addiction works and what someone needs to sustain themselves in long term recovery. I use my education from IAPRC to help shape my writing beyond just my own experience. I want my words to help others, and I feel more confident and qualified to advocate in the recovery space through my coaching certification."

News You Can Use ...

There is something that kills more Americans every year than drug overdoses, than guns, than car accidents. It's legal, doesn't require a background check to buy, is widely advertised, and if you're 21, you can probably buy it at your corner store. It's called alcohol.

Full Article by Rachel DuRose, 30 December 2023

[Alcohol overuse causes 140,000 American deaths annually. Why is it so undertreated?](#)

What happens to my body during Dry January? The physical benefits are likely numerous. But there may be psychological ones, too.

Written by Melinda Wenner Moyer, 02 January 2024

[Dry January Health Benefits](#)

Program Updates:

Seats are available in our upcoming run of the Certified Facilitator of Addiction Awareness CFAA and CFAA-HR programs. Fantastic addition to your addiction knowledge base with tools and resources to share in your workplace or civic groups. Also, a great addition to your HR Toolbelt if you have a vision for making room for recovery in your workplace.

Live Meetings start **Thursday 08 February 2024**

Forward to friends or colleagues! Use these discount codes for 20% off!

CFAA 20% off - use discount code **CFAA18**

CFAA-HR 20% off – use discount code **CFAAHR24**

Remember – Referral Partners earn 10% commission for any coaching or ICARE program sold! See more about our Referral Partner program below.

ICARE Calendar at a Glance



Click on this quick resource for upcoming training dates and learning opportunities for coaches! [ICARE Calendar](#)

Included are dates for upcoming PRC and FIR Live Skills, CCRC Group Support Sessions, Level Up Live, Success Circle and more!

NET Training Institute Mini-Courses

Have you checked out any of our mini courses? 1–2 hour CEU training on cutting edge drug, addiction, and recovery topics.



This course covers marijuana as a psychoactive substance that induces its effects by manipulating natural brain chemicals known as the endocannabinoids. The powerful video presentation by CNS Productions includes research by scientists studying its effects on different physical, perceptual and mental processes as well as personal stories of people whose lives have been affected by using the drug.

[Read More](#)

[Buy Now](#)

REFERRAL PARTNER

Professional Recovery Coaching Programs & Addiction Awareness Workforce Training

If you are looking to share the hope of recovery with as many people as possible why not secure an additional income stream in the process by utilizing our Referral Partner program?

Promote our programs with your contacts and earn 10% sales commissions.

Includes all Coaching Programs and CFAA & CFAA-HR!

Learn more and apply here: [Referral Partner Program](#)

